

## **Who is the Holy Spirit, and why is He important?**

1. If you're a **new Christian** or **new to the Spirit-filled life**, these may be questions you've asked.
  2. You may have come from a **religious upbringing** that **avoided talking about the Holy Spirit**, or you may be a new Christian who has never known He exists.
  3. **But the Holy Spirit is mandatory for you to live a successful Christian life.**
    - After Jesus' **death and resurrection**, God sent the Holy Spirit to earth to  **dwell in you**  and every other believer (**John 14:15-17**), and His job is to...**Help You**
1. **Romans 8:26** **“And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.”**
  2. Even when you don't know what to pray for or how to handle situations, **the Holy Spirit does. He is the One who helps you beyond what you are capable of on your own.**

### **1. Holy Spirit will Teach You**

**John 16:13-15** **“When the Spirit of truth comes, He will guide you into all truth. He will not speak on His own but will tell you what He has heard. He will tell you about the future. He will bring me glory by telling you whatever He receives from me. All that belongs to the Father is mine;**

this is why I said, ‘The Spirit will tell you whatever He receives from me.’”

2. **The Holy Spirit teaches you about the things of God.**  
He illuminates Scripture and brings deeper understanding of spiritual things.

### **. Reveal Truth to You**

1 John 2:27 “But you have received the Holy Spirit, and He lives within you, so you don’t need anyone to teach you what is true. For the Spirit teaches you everything you need to know, and what He teaches is true—it is not a lie. So just as He has taught you, remain in fellowship with Christ.” –

The Holy Spirit protects you from being led astray from Jesus’ teaching.

### **. Empower You**

“I pray that from his glorious, unlimited resources He will empower you with inner strength through his Spirit.” –Ephesians 3:16

The Holy Spirit strengthens you to handle whatever situations come your way.

**Right now, lift up your hands and thank God for sending you the Holy Spirit.**

Invite the Holy Spirit to be **active in your life**, and thank Him for helping you, teaching you, revealing truth to you, and empowering you.

## **The Holy Spirit: God's Muscle in You.**

Let this be a pivotal time of understanding the Holy Spirit—**who He is and what He does**—so you can enjoy His ministry more deeply!

### **Should we worship the Holy Spirit?**

3. As born-again believers, we believe in the only, one true God—our Creator, our Redeemer, Father, Comforter, Teacher and Guide.

4. He is Almighty God (**Deuteronomy 6:4**). The Bible tells us that **God is a three part being (Trinity):**

### **5. Father, Son and Holy Spirit.**

6. The Trinity is not something that can be totally comprehended with the **natural mind**, but must be received by faith (**1 John 5:7**).

7. We worship **one God** who is manifested as **Father, Son and Holy Spirit.**

8. Let's look at some things the Bible tells us about the Holy Spirit. We know from Scripture that the Holy Spirit is a person.

9. He is **the person of the godhead** that points us to the truth of God.

10. He **doesn't speak of himself** but of the Father (**John 16:13**).

11. The Holy Spirit is the One who indwells the believer (John 14:17; 1 Corinthians 3:16).
12. Just before Jesus was to be offered up as our sacrifice, He spoke of the Holy Spirit and our need for a comforter, or advocate (John 16:7).
13. Jesus also spoke of the **Holy Spirit** as our **teacher** (John 14:26). We also need help from Him when we pray (Romans 8:26).
14. In regard to worshiping God, Jesus said in , (John 4:23-24). “But the time is coming—indeed it’s here now—when true worshipers will worship the Father in spirit and in truth.
15. The Father is looking for those who will worship him that way. For God is Spirit, so those who worship him must worship in spirit and in truth”
16. To welcome the Holy Spirit into our worship services and to thank Him for leading and guiding us is appropriate...Because He lives inside you!
17. Just as we have worship songs we sing to Jesus and the Father, many songs that are sung today in the Church do welcome the Holy Spirit into our services.
18. Our Lord is **one God** and we worship Him in spirit and in truth.
19. One old hymn, “Holy, Holy, Holy,” puts it very well. Some of the words are: “Holy, Holy, Holy, Lord God

Almighty. Early in the morning our song shall rise to thee. Only thou art holy, merciful and mighty. God in three persons, blessed Trinity.”

20. We encourage you to ask the Holy Spirit to reveal to you how to worship God.

21. Here are a few more scriptures for your study:

Philippians 3:3; 1Chronicles 16:29; Psalms 22:27, 66:4, 86:9, 95:6; 1 Timothy 1:17; Revelation 19:5.

### Ways the Holy Spirit Affects Your Life

1. If you are new to the Christian life or new to a Spirit-led life, you may be wondering how the Holy Spirit affects your life.

2. Can having Him in your life really make a difference?

a. The good news is: *Yes, it does!* **Romans 8:26** explains the Holy Spirit's role when it says:

“Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.”

b. **And John 15:26**, in *The Amplified Bible*, refers to the **Holy Spirit as the Comforter, the Counselor, the Helper, the Advocate, Intercessor and Strengthener.**

**These two scriptures tell you that the Holy Spirit affects your life in these ways:**

1. The Holy Spirit helps you by **comforting and strengthening you** in the midst of difficulties.
2. The Holy Spirit shows **you how to pray about your concerns and guides you in what to do.**
3. The Holy Spirit helps you **overcome your weaknesses** by showing you **what those weaknesses are**, giving you the **wisdom to overcome** them and interceding on your behalf to the Father about them.

**Discover what else the Word has to say about the role of the Holy Spirit in your life **by studying these verses:****

- John 14:26, John 16:7-15, Book of Acts, Romans 15:13, Galatians 5:22-23, Jude 20

**Embrace the work of the Holy Spirit in your life and enjoy the powerful affect that He will have!**

**Ways to Improve Your **Ability to Hear the Holy Spirit More effectively****

1. One of the biggest questions people ask is **“How do I hear the Holy Spirit?”**
2. They think there must be a **magic formula involved**—and while there isn’t a 1-2-3 magic formula, there are **disciplines** that you can implement to put yourself in the place of **hearing the Holy Spirit more clearly.**
3. Remember, **He’s always speaking**; it’s just a matter of **opening your spiritual ears to hear Him.** Let’s look

at **three ways** that you can improve your ability to **hear the Holy Spirit**.

## Hear the Holy Spirit when you **Focus on the Word**

1. One of the **most effective** ways to improve your **ability to hear the Holy Spirit** is by **meditate** on God's Word.

2. **In John 15:7**, Jesus said, "**But if you remain in me and my words remain in you, you may ask for anything you want, and it will be granted!**"

3. **How do you know when you have been focusing enough on the Word?**

4. **The Holy Spirit talks to you through it!**

5. He directs **your thoughts** as you go about your day. He brings it to **your mind** when challenges arise, and helps **you know what to do**.

6. You **focus on the Word** by spending time in it. You can't just read it casually **every now and then**.

7. You have to be **diligent to read your Bible** and reflect on it **every day and obey it**. Treat it like the priceless treasure it is.

## Hear the Holy Spirit when you **Listen to God's People**

1. The Holy Spirit isn't only speaking to you; He's **speaking to all of God's people**.

2. Sometimes those people have **received a message from the Lord for the church**, like when the Lord spoke through **the Apostles** or when the **Lord gives a prophecy**.
3. Other times, the **Holy Spirit** uses those people to **share a special message specifically** for you.
4. By listening to **trusted faith ministers** and even **Spirit-led friends and family members**, you can hear the **Holy Spirit's direction**.
5. Now, that doesn't mean you should listen to every person, or even every Christian, who believes that **God wants them to tell you something**.
6. Make sure those people are **Spirit-filled, Spirit-led and full of faith**.

### **Hear the Holy Spirit when **you Listen in Prayer****

1. Do you find yourself doing **all the talking** in your **prayer time** with the Lord?
2. If you **never** get **quiet enough to listen**, how will you ever **hear** what the **Holy Spirit is speaking to your heart**?
3. **When you pray**, spend some time **praising God for His goodness and thanking Him for all He has done for you (Psalm 100:4)**.
4. Then **ask Him for what you need** (Philippians 4:13). After that, **get quiet**.



5. **Prayer is not a one-way conversation.** Make sure that **you give the Holy Spirit** a chance to speak.
6. He **may bring a scripture** or song to your mind.
7. He **may bring a person** to mind that **needs prayer**.
8. Or He **may give you direction** for your day or even an answer for a prayer request.
9. **Keeping a prayer journal** is another great way to **identify the Holy Spirit's voice**. Write down what you've asked the Lord for and the different ways He has answered those prayers.
10. **Write the thoughts He brings to your mind.** As you put this into practice, you'll begin to understand how the Holy Spirit works in and through you.
11. You'll begin to **hear (and read)** His answers.
12. **The Holy Spirit is talking. It's up to you to hear Him clearly.**

### **How Do I Hear God's Voice?**

1. This can be an area of confusion when we are learning to walk in the spirit. Learn how to hear His direction today.
2. Do you ever have trouble hearing from God?
3. Do you ever find yourself caught in confusing circumstances needing guidance, and yet even after praying and reading the Bible, you're still not sure what God wants you to do?

4. When faced with a decision, a typical response would be to pray about it. *The Amplified Bible* says to let peace be the umpire (Colossians 3:15).
5. But even so, there can still be **uncertainty** about the answer. **“Was that me, Lord, or was that You?”**
6. The good news is that when we spend time daily praying in the spirit, it becomes easier for us to hear the direction of the Holy Spirit as He reveals His will to our spirits.
7. Most of the time you hear your own spirit speaking to your soul, which is your mind, will and emotions.
8. The audible voice of the Lord is rare in most of our lives.
9. Almost every leading we will receive in everyday life will be a prompting, an impression, a thought, an inward witness or a leading from our spirits.
10. The reason it sounds like us is because it is ourselves that we hear.
11. The Holy Spirit communicates with our spirits, and our spirits prompt, or enlighten, our minds.
12. When you were born again, God sent His Holy Spirit to live in you and be your teacher and trainer to help you live a life that is pleasing to God.
13. That’s why, as Christians, we don’t have to depend on our own limited reasoning.

14. We can live guided by the Spirit who knows all things. In fact, if we'll listen to Him on a daily basis, He'll steer us clear of hidden dangers and maneuver us safely through even the most complicated situations.

15. How do you let Him steer you? Don't resist the promptings of the Spirit.

16. When you sense Him directing you to do something and you decide, consciously or unconsciously,

17. *No, I don't want to do that, I think I'll go another way, you've just hardened your heart.*

18. It's being consistent in the things of God that causes us to walk in victory.

19. So how do you fulfill the will of God for your life?

20. One day at a time. If you'll begin to spend time with Him daily and pray in the spirit.

21. Start today by making a commitment to do just the simple things

22. He tells you to do. Start seeking His face, listening for His promptings and responding in obedience instead of hardening your heart.

23. And He will bring you into His perfect will if you'll just obey Him one step at a time, one day at a time.

**The Holy Spirit Will Lead You**

**Galatians 5:16 This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.**

1. Walking in the spirit.

2. That's the key to overcoming the flesh. If you follow the prompting of the Spirit of God within you, you won't be dominated by the pressure your flesh tries to put on you.

3. As you listen to the written Word and the Holy Spirit telling you what to do, you'll constantly be making little adjustments in your life according to what He says.

4. **And those little adjustments will keep darkness from overtaking you.**

5. You see, God knows just what you need. He can look ahead in your life and see the traps and pressures the devil is laying for you.

6. So follow the Holy Spirit's leading and He will maneuver you safely around them to victory.

**Scripture Reading: 1 Corinthians 10:1-14**

**Become Sensitive To The Holy Spirit, Again**

Let all bitterness, and wrath, and anger, and clamour, and evil speaking, be put away from you, with all malice: and be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you. **Ephesians 4:31-32**

We need to realize that **our own insensitivity** has driven the Anointing of the Holy Spirit from many of our lives and our churches.

We need to realize that the license we've given ourselves to criticize other members of the Body of Christ has weakened us all.

**What will strengthen us again?**

**The power and the anointing of the Holy Spirit that falls on every sensitive and seeking heart.**

I urge you **to regain the tender heart you once had.**

Remove the calluses within you by repentance, by a commitment to live the law of love, by a renewed devotion to the Word, and by fellowship with your Father.

**Don't allow the **condition of your heart** to hold back the Spirit of God. **Become sensitive again!****

Scripture Reading: **Ephesians 4:1-13**

### **A Confession for Spirit-led Prayer**

- 1. Your heavenly Father will give you the Holy Ghost if you ask Him.**
- 2. Tell the Lord, “Because You have declared You freely give me the Holy Spirit if I ask, from this moment on, as far as I am concerned, I am a Spirit-filled believer.”**

**3. Also speak the following confessions to reinforce God's desire for you to pray in the spirit.**

**"I am filled with the Holy Spirit of the Almighty God. When I pray in tongues I am praying in the spirit."**

**The Holy Spirit is my comforter and my guide. I do not give my spirit over to evil things.**

**Praying in the spirit strengthens and intensifies my personal relationship with God.**

**"My prayers are powerful because I am baptized in the Holy Spirit, and He edifies and builds up my spirit man and puts me in contact with the deep things of God."**

**With the Holy Spirit, I am able to pray God's perfect will apart from my natural understanding, which helps me intercede for others."**

**Scripture References: [Luke 11:9-13](#); [1 Corinthians 14:14](#); [Jude 1](#); [1 Corinthians 14:4, 2:10](#); [Romans 8:26-27](#)**

### **Watch and Pray**

**watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.**  
**Matthew 26:41**

- 1. Have you ever been frustrated with the weaknesses of your flesh?**
- 2. Have you ever ... god tells us much the same thing that Jesus told the disciples that night. he says,**

3. "but you, beloved, build yourselves up [founded] on your most holy faith...praying in the holy spirit;
4. guard and keep yourselves in the love of god..." (the amplified bible).
5. god knows even better than we do that our flesh has been ...